

Lesson Two

The Prophetic Life Assessment

“Search me, O God, and know my heart. Try me and know my thoughts. And see if there be any grievous way in me, and lead me in the way everlasting.”

Psalms 139:23-24

The Prophetic Life Self-Assessment is designed to help you prayerfully discern where you are on your prophetic journey. Every believer can hear the voice of God, and every believer can prophesy. Some believers primarily see in the Spirit. Others sense the Lord's burden. Some hear clearly and speak with confidence. This assessment is not meant to label you or limit you. It is meant to bring clarity, humility, and direction.

Approach this assessment slowly and honestly. Invite the Holy Spirit to search your heart as you answer. Let these questions reveal not only areas of strength, but also areas where God is inviting you to grow deeper in intimacy, obedience, and maturity.

There is no condemnation here. This is a tool for growth, alignment, and stewardship.

How to Complete the Assessment

Rate each statement from **1 to 5** based on how consistently it reflects your current life.

1 = Never true of me

2 = Occasionally true

3 = Sometimes true

4 = Often true

5 = Consistently true

Answer honestly. This assessment is for your benefit, not comparison.

Section One: Intimacy with God

I spend consistent time in prayer, worship, and the Word.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I seek God's presence not just for answers, but for a relationship.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I quiet my mind and heart so I can recognize His voice.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I am quick to repent and slow to justify myself.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I consistently obey the Holy Spirit's promptings.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

"My sheep hear my voice, and I know them, and they follow me." **John 10:27**

Section Two: Hearing and Seeing in the Spirit

I recognize when a thought, impression, or prompting is from the Holy Spirit.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

God often speaks to me through Scripture while I read.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I receive insight, pictures, or impressions when I pray for others.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I experience dreams or visions that align with Scripture and God's character.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I feel a burden in my spirit when God is revealing something.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

"He who has an ear, let him hear what the Spirit says to the churches." **Revelation 3:22**

Section Three: Discernment and Interpretation

I test every revelation against Scripture before speaking.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I discern the difference between God's voice, my voice, and other influences.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I wait for God's timing before releasing a prophetic word.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I seek wise counsel and accountability regarding revelation.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I am careful not to speak beyond what I have truly received.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

"Beloved, do not believe every spirit, but test the spirits to see whether they are from God." **1 John 4:1**

Section Four: Boldness and Love in Prophecy

I desire to build up, encourage, and comfort others when I speak.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I speak with humility, never using prophecy to control or impress.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I am bold to obey when the Holy Spirit leads me to share a word.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I trust God, not my own ability, when I release prophetic insight.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I consistently use prophecy to strengthen others, not expose or shame.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

"The one who prophesies speaks to people for their upbuilding and encouragement and consolation."

1 Corinthians 14:3

Section Five: Seer and Prophet Calling

I often receive revelation visually through dreams, visions, or symbolic pictures.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I sense a long-term calling toward prophetic ministry.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I feel responsible to pray over what I see until understanding comes.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I desire to speak God's heart with accuracy, purity, and compassion.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I am willing to be trained, refined, and corrected for prophetic maturity.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

"Surely the Lord God does nothing unless he reveals his secret to his servants the prophets."

Amos 3:7

Section Six: Character and Spiritual Maturity

I walk in humility, purity, and godly character.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I handle conflict, correction, and spiritual pressure with maturity.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I do not seek attention or recognition for prophetic gifts.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I submit to spiritual authority and biblical leadership.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

I pursue unity and peace within the Body of Christ.

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

"Pursue love, and earnestly desire the spiritual gifts, especially that you may prophesy."

1 Corinthians 14:1

Scoring and Interpretation

120–150

You are walking in strong prophetic maturity. Continue to cultivate intimacy, humility, and obedience.

90–119

You demonstrate clear prophetic sensitivity and real potential. Growth, training, and consistency will strengthen your prophetic voice.

60–89

You are developing a foundational prophetic lifestyle. Discipleship, accountability, and deeper intimacy will bring clarity and confidence.

Below 60

You are at the beginning of your prophetic journey. This workbook will guide you as you grow in hearing, seeing, and speaking the heart of God.

Your Total Score: _____

This score does not define your value or your calling. It simply helps you discern where the Holy Spirit is currently working. Growth in the prophetic is not about striving. It is about surrender, faithfulness, and love.

Prayer of Surrender and Alignment

Heavenly Father, I invite You to search my heart and lead me in Your ways. Thank You for speaking, guiding, and drawing me closer to You. Where I am strong, keep me humble. Where I am growing, give me grace and patience. Where You are calling me higher, give me the courage to obey. I surrender my voice, my hearing, and my heart fully to You. Teach me to listen well, discern clearly, and speak with love. Let my life reflect Your heart and bring glory to Jesus. In Jesus' name, amen.

Reflection and Activation for This Week

Which section of the assessment stood out to you the most, and why?

What is one area where you sense the Holy Spirit inviting you to grow or mature?

Where do you already see evidence of God's prophetic work in your life?

What is one practical step you will take this week to listen more closely to God's voice?

Group Encouragement

If you are completing this workbook in a group setting, take time to share your assessment results with humility and honesty. This is not about comparison or competition. It is about growth, accountability, and encouragement. Celebrate one another's strengths, pray for areas of growth, and commit together to pursuing love, obedience, and maturity in the prophetic life.